

towards the crowd. This was her last appearance. It was an eloquent sign of her desire that all should wear the Scapular in her honor, and as a sign of their consecration to her. Pope Pius XII no doubt had this in mind when he wrote these words in the Scapular letter: *“May it (the Scapular) be a sign of their consecration to the Most Pure Heart of the Immaculate Virgin, which consecration we have so strongly recommended in recent times.”*

Each and every one of us has the duty of taking part in the crusade to bring God back into the lives of men and of nations. Our Lady herself promised at Fatima that this would be effected by the consecration of Russia, and devotion of the world, to Her Immaculate Heart. She said: *“If my requests are heard, Russia will be converted, and there will be peace.”* Here then is your task, and the means are within your reach. By wearing the Scapular faithfully you are consecrating yourself to the Queen of Heaven in the way she desires, and in the way that the Holy Father has recommended. You are also beginning to do your part towards winning peace for the world, and for the triumph of God and His Church over all the evil influences which today are attempting to overthrow it (Our Lady also asks for the daily Rosary and for the Five First Saturdays — see relevant pamphlets at sicutincaelo.org).

A Recommended Morning Offering upon Rising

O my God, in union with the Immaculate Heart of Mary (here kiss the scapular as a sign of your consecration), I offer Thee the Precious Blood of Jesus from all the altars throughout the world, joining with It the offering of my every thought, word and action of this day. O my Jesus, I desire today to gain every indulgence and merit I can, and I offer them, together with myself, to Mary Immaculate, that she may best apply them to the interests of Thy most Sacred Heart. Precious Blood of Jesus, save us! Immaculate Heart of Mary, pray for us! Sacred Heart of Jesus, have mercy on us!

Help in Time of Temptation

In time of temptation it is good to pray to Our Lady while holding the Scapular in the hand. A prayer offered while holding the Scapular shows the Virgin of the Scapular that we are relying on her. At the same time, it gives us confidence in the powerful intercession of the Mother of God. The evil spirit is utterly powerless when the wearer of a Scapular faces temptation, calling upon the Holy Virgin.

The Popes and the Brown Scapular

Pope Leo XIII: *“The Carmelite Scapular’s nobility of origin, its extraordinary spread among Christian peoples for many centuries, the spiritualizing effects produced by it and the outstanding miracles worked in virtue of it render the Scapular of Carmel commendable to a wonderful degree.”*

Pope Pius XII: *“May...all see in this keepsake of the Virgin herself a mirror of humility and purity; may they read in the very simplicity of the Garment a concise lesson in modesty and simplicity; above all, may they behold in this same Garment, which they wear day and night, the eloquent expressive symbol of their prayers for divine assistance.”*

“One day through the Rosary and the Scapular I will save the world.” ~ Our Lady to St. Dominic

“The Rosary and the Scapular are Inseparable.” ~ Sr. Lucy of Fatima

PRAY THE ROSARY DAILY!

Much of the information for this pamphlet was taken from the article *“Our Lady’s Brown Scapular — Sign of Consecration to Mary,”* by Fr. Peter Davies. Imprimatur 1964.

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The Brown Scapular of Our Lady of Mount Carmel

“WHOSOEVER DIES IN THIS GARMENT SHALL NOT SUFFER ETERNAL FIRE.”

(Promise of Our Lady to St. Simon Stock, July 16, 1251)

Our Lady’s Brown Scapular

Suppose that Our Lady were to appear to you today, and suppose that she were to promise you that you would certainly save your soul on the fulfillment of one simple condition — would you be interested? Would you not say "Yes"? Would you not promise to accept such a condition? Would you not feel that when your time came to die, her promise would make death easier for you?

If you can say "No" to these questions, then this pamphlet will hold no interest for you. But it will interest you if you sincerely wish to save your soul, because the Queen of Heaven has made this promise to you; and she will keep her promise if you do what she asks.

What is Our Lady's Condition?

Our Lady simply asks you to wear her Brown Scapular during your life, as a sign that you are her

child, and because you love her and want to do what she asks. That is all. She doesn't ask you to say any special prayers, or to do any special "acts" — just to wear the Scapular because you love her, and because she has given it to you.

History

On July 16, 1251, in Aylesford, England, Our Lady appeared to the Carmelite monk, St. Simon Stock. She offered him a brown scapular made of wool saying, *“This shall be a privilege for you and all Carmelites, that whosoever dies in this garment shall not suffer eternal fire.”* Eventually, the Church extended this marvelous privilege to all her children who would ask to be invested in the Brown Scapular and wear it perpetually.

What Our Lady promises.

She promises that if you do wear her Scapular she will take you under her special protection, and she will see to it that you do not lose your soul. Remember, she promises this, and she will do it. She is the Queen of Heaven, and everything she asks of her Divine Son is granted.

What Theologians and Spiritual Writers Say

Theologians and spiritual writers explain the promise to mean that anyone *dying while clothed with the Scapular* will receive from the Blessed Virgin Mary at the hour of death either the gift of perseverance in the state of grace, or the grace of final contrition. This does not mean that Our Lady promises that anyone dying in mortal sin will be saved. Pope Pius XI who happily stated, *“I learned to love the Scapular Virgin in the arms of my mother,”* also warned the faithful that *“although it is very true that the Blessed Virgin loves all who love her, nevertheless those who wish to have the Blessed Mother as a helper at the hour of death, must in life merit such a signal*

favor by abstaining from sin and laboring in her honor.” Therefore, one who wears the Scapular must not do so presuming he can live a life of sin and be saved.

The Second Scapular Promise:

The Sabbatine Privilege

Our Lady has made a second wonderful promise to those who wear her Scapular. In 1322, Seventy-one years after she had made her amazing promise to Saint Simon Stock, she is said to have appeared to Pope John XXII and promised in favor of those who wear her Scapular speedy release from Purgatory, particularly on Saturday, provided certain conditions are fulfilled. The second Scapular Promise does not depend on a vision. The authority of the Church, exercising its power of “binding and loosing,” has ratified it. The conditions are:

1. To wear the Scapular faithfully after valid enrollment;
2. To observe chastity according to one's state;
3. To recite daily the Little Office of the Blessed Virgin; OR, to observe the fasts of the Church while additionally abstaining from meat on Wednesdays and Saturdays; OR, *as is the common practice in our day*, to have this third condition commutated to the daily recitation of five decades of the Most Holy Rosary (this commutation must be given by a priest — ordinarily it is done at the time of enrollment).

Enrollment in the Confraternity

To be eligible for this Scapular Promise, one must be enrolled in the Confraternity of the Brown Scapular (see condition 1. above). This ceremony can be performed by any priest. The members of the Confraternity also have the added benefit of sharing in all the spiritual benefits of the Carmelite Order.

The scapular must be 100% wool without plastic casing and should not be pinned or affixed to clothing. It is worn over the head, under one's clothes, with one piece of wool hanging on the chest and the other on the back. Images are allowed on the Scapular, but they are not necessary.

How the Scapular must be worn

We must wear the Scapular with these dispositions: striving to love and reverence Mary and doing our best to keep sin out of our lives. If we do this we can be sure that we are wearing it in the right spirit. As a matter of fact, if anyone had no real desire to avoid sin, then that person would not bother to wear the Scapular faithfully and perseveringly. The Scapular is no magic talisman — we shall still be tempted when we wear it — but Our Lady has promised us the final victory over sin if we are faithful to it.

The Scapular Makes You Mary's Child

When you are enrolled in the Brown Scapular, Our Blessed Lady becomes your Mother in a special way. The Scapular with which she clothes you reminds you of your dependence upon her. Child-like simplicity is one of the silent lessons it teaches. As long as we wear it we shall be reminded that we are in a spiritual state in which we need to be clothed by Our Blessed Mother, and it will keep us in her arms always.

Consecration to Mary

When Our Lady appeared at Fatima in 1917, she reproached the world for its laxity and commanded us all to pray for sinners. She promised peace to the world if only the world would turn to her, and she requested the consecration of ourselves and of Russia to her Immaculate Heart. In the last vision to the children of Fatima, on 13th October, 1917, the children saw Our Lady clad in the Carmelite habit and holding her Brown Scapular down