**THE RENEWAL OF PROMISES**

*On the feast of the Exaltation of the Holy Cross and on the Epiphany, the Lay Carmelites will assemble in the Chapel (or renew on their own). After a hymn, all will kneel and recite together the formula of the Renewal of Promises as follows:*

**I, N. N. renew my profession and promise to God, to Our Blessed Lady of Mount Carmel, to Our Holy Mother St. Teresa and to the Superiors of the Institute, Obedience and Chastity according to the Rule of the Traditional Lay Carmelites of Fatima.**

*Novices, in place of this formula, will recite together after the professed the following:*

**I, N. N. purpose to observe Obedience and Chastity, and in due time to make profession, to the Glory of God and in honor of the Blessed Virgin Mary and all the heavenly court.**

V. The Lord be with you.

R. And with thy spirit.

Let us pray.

V. Eternal God and Omnipotent Father Who knows the frailty of human nature, look down, we beseech Thee, upon these Thy servants, and by the fullness of Thy blessing deign to strengthen our weakness, that the promises which by Thy inspiration have been made, may, by the help of Thy grace, be faithfully accomplished, and that by a life of piety and holiness on earth we may attain to life everlasting in Heaven through Christ our Lord.

R. Amen.

*The ceremony is to finish as in the Profession starting with Te Deum.*